

Pike County Housing Authority

June 2019

INSIDE THIS ISSUE

- ❖ **Big Item
removal
trailer dates**
- ❖ **Important June
dates**
- ❖ **Prevent
Bedbugs**
- ❖ **Budget billing
information**
- ❖ **Chance to
win \$25.00
off your
account**

PLEASE

PICK-UP

AFTER YOUR

PETS!!

*(\$15.00 fee applies
each time we have to
pick up after your
pets)*

Annual Recertification

July 1-12- Griggsville/Perry

August 1-9- East Adams

September 3-13- Landess Terrace

Please make sure to fill out your paperwork and have it ready to be picked-up during your recertification time. If you will not be home, please place completed paperwork in plain sight on table or counter.

You must have documentation for all things you are attempting to claim. Such as; income, insurance information, medical expenses, medical mileage, etc.

If you cannot support your documentation, we cannot corroborate it.

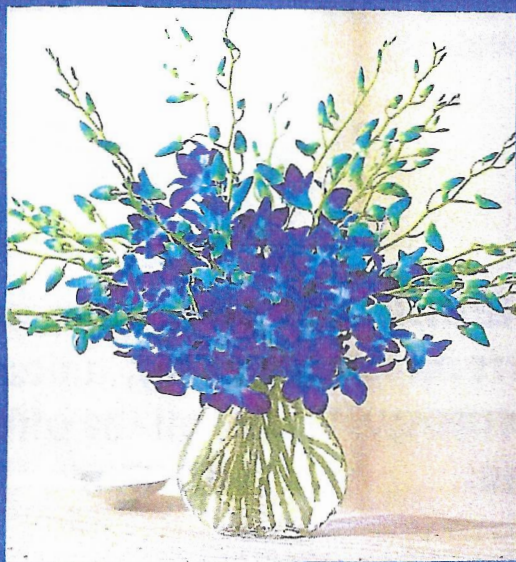


Reminder: Maintenance will complete work orders on Mondays only, unless it is an emergency. Please call the office to report any issues. (217)407-0707

TENANTS THAT HAVE THE NEW MINI-SPLIT
HEATING AND A/C UNITS:

IT WOULD BE HELPFUL TO TRY TO CLEAN
THE UNITS ON THE OUTSIDE WALL.
KEEPING THE OUTSIDE OF THE UNIT CLEAN,
WILL HELP KEEP THE UNITS RUNNING
PROPERLY.

THANK YOU





*Too often we underestimate
the power of a touch, a smile, a
kind word, a listening ear, an
honest compliment, or the
smallest act of caring, all of
which have the potential to
turn a life around.*

Leo Buscaglia



**IF YOU NEED TO SEE OR SPEAK WITH
CHRIS OR AMBER, PLEASE CALL THE
OFFICE TO SET UP AN APPOINTMENT
THANK YOU!!**

217-407-0707

KEEPING YOU INFORMED:

**AMEREN DOES OFFER A "BUDGET
BILLING" PLAN. CALL AMEREN
AND ASK HOW TO QUALIFY. WE
RECOMMEND YOU DO THIS TO
HELP KEEP YOUR BILLS AT THE
SAME LEVEL**

800-755-5000

**HELP KEEP COOL THIS SUMMER...
POINT BOX FANS FACING OUT
WINDOWS TO PUSH HOT AIR OUT**

**UNPLUG GADGETS AND OTHER
SMALL APPLIANCES AT NIGHT &
REDUCE HEAT IN THE HOUSE**

BIRTHSTONE: PEARL
 FLOWER: ROSE
 ZODIAC SIGNS: GEMINI AND CANCER



Important Dates

- 🚩 June 14th Flag Day
- 🚩 June 16th Father's Day
- 🚩 June 19-23 Western Illinois Fair
- 🚩 June 20th Board Meeting 3:00pm
- 🚩 June 21st Office Closed until 10:00am for staff meeting

Tobacco Quit Line
1-800-QUIT-NOW
toll-free 1-800-784-8669
QUITLINE.COM

**DO NOT LEAVE YOUR PETS
OUTDOORS IN THE
SUMMER HEAT**

**WE RISE BY
LIFTING OTHERS.**



**Be the first to answer
and receive \$25.00 off
of your account.**

I grow in the dark and shine in the light,
the paler I am, the more I am liked. My
maker is never paid, but never goes on
strike.

What am I?

Last Month Answer: Fire

NATIONAL PROBLEM GAMBLING HELPLINE

CALL: 1-800-522-4700

TEXT: 1-800-522-4700

ILLINOIS COUNCIL ON PROBLEM GAMBLING

CALL: 217-652-9611

HELPLINE: 1-800-522-4700

TRAILER SCHEDULE

JUNE 17-21	BARRY
JUNE 24-28	BARRY
JULY 1-5	NEW CANTON
JULY 8-12	PLEASANT HILL
JULY 15-19	EAST ADAMS
JULY 22-26	GRIGGSVILLE
JULY 29-AUG 2	PERRY
AUG 5-9	BAYLIS



LANDESS DUMPSTER

- ❖ **SHOOTING FOR JUNE 12, DEPENDANT ON WEATHER. PLEASE PLACE ANYTHING YOU WANT THROWN AWAY EITHER ON THE GROUND NEXT TO DUMPSTER, OR OUT BY THE STREET AND WE WILL PICK THEM UP. MAKE SURE YOU SET ITEMS OUT THE DAY/EVENING BEFORE THE 12TH!**
- ❖ **DUMPSTER WILL BE PICKED UP JUNE 14TH**

Tips to prevent and control

Bed Bugs

1. Make sure you really have bed bugs, not fleas, ticks or other insects.

Call someone to identify it's a bed bug

2. Don't panic!

It can be difficult to eliminate bed bugs, but it's not impossible. Don't throw out all of your things because most of them can be treated and saved. Throwing stuff out is expensive, may spread the bed bugs to other people's homes and could cause more stress.

3. Think through your treatment options -- Don't immediately reach for the spray can.

Be comprehensive in your approach. Try other things first. Integrated pest management (IPM) techniques may reduce the number of bed bugs and limit your contact with pesticides. If pesticides are needed, always follow label directions or hire a professional. There is help available to learn about treatment options. (4 pp, 480 K, About PDF) Exit

4. Reduce the number of hiding places -- Clean up the clutter.

A cluttered home provides more places for bed bugs to hide and makes locating and treating them harder. If bed bugs are in your mattress, using special bed bug covers (encasements) on your mattress and box springs makes it harder for bed bugs to get to you while you sleep. Leave the encasements on for a year. Be sure to buy a product that has been tested for bed bugs and is strong enough to last for the full year without tearing.

5. Regularly wash and heat-dry your bed sheets, blankets, bedspreads and any clothing that touches the floor.

This reduces the number of bed bugs. Bed bugs and their eggs can hide in laundry containers/hampers. Remember to clean them when you do the laundry.

6. Do-it-yourself freezing may not be a reliable method for bed bug control.

While freezing can kill bed bugs, temperatures must remain very low for a long time. Home freezers may not be cold enough to kill bed bugs; always use a thermometer to accurately check the temperature. Putting things outside in freezing temperatures could kill bed bugs, but there are many factors that can affect the success of this method.

7. Kill bed bugs with heat, but be very careful.

Raising the indoor temperature with the thermostat or space heaters won't do the job. Special equipment and very high temperatures are necessary for successful heat treatment. Black plastic bags in the sun might work to kill bed bugs in luggage or small items, if the contents become hot enough. Bed bugs die when their body temperatures reach 45°C (113°F). To kill bed bugs with heat, the room or container must be even hotter to ensure sustained heat reaches the bugs no matter where they are hiding.

8. Don't pass your bed bugs on to others.

Bed bugs are good hitchhikers. If you throw out a mattress or furniture that has bed bugs in it, you should slash or in some way destroy it so that no one else takes it and gets bed bugs.

9. Reduce the number of bed bugs to reduce bites.

Thorough vacuuming can get rid of some of your bed bugs. Carefully vacuum rugs, floors, upholstered furniture, bed frames, under beds, around bed legs, and all cracks and crevices around the room. Change the bag after each use so the bed bugs can't escape. Place the used bag in a tightly sealed plastic bag and in an outside garbage bin.

We have heard a few complaints about mowing. The maintenance staff are doing the best they can in keeping up with it. This spring has been one of the wettest we have seen in a long time. This makes it very difficult to get it done. We do not want to make things worse by rutting/tearing up the yards with the mowers, if it's too wet. So, please be patient, as we wait for things to dry out. Thank you.

Pike County Housing Authority

838 Mason St

P.O. Box 123

Barry, IL 62312

Phone: 217-407-0707

www.pikehousing.com

Don't forget you can pay your bill online at our website. A \$3.00 charge applies.



**PLEASE
REPORT
ALL INCOME
CHANGES
WITHIN 10
DAYS**



NO SMOKING

WITHIN 25 FEET OF BUILDING



Burger and Veggie Foil Packs



Prep
15 MIN

Total
55 MIN

Servings
4



Ingredients

- 1 pound extra-lean ground beef
- 1 tablespoon Worcestershire sauce
- 1 teaspoon garlic-pepper blend
- 1/2 teaspoon onion powder
- 1/4 teaspoon salt
- 2 cups frozen sugar snap peas, carrots, onions and mushrooms (from 1-pound bag)
- 3/2 frozen steak fries (from 28-ounce bag)
- 4 frozen half-ears corn-on-the-cob
- 1/2 teaspoon garlic-pepper

Steps

- 1 Heat oven to 450°. Cut four 18x12-inch sheets of aluminum foil.
- 2 Mix beef, Worcestershire sauce, 1 teaspoon garlic-pepper blend, the onion powder and salt. Shape mixture into 4 patties, about 1/4 inch thick.
- 3 Place 1 patty on each foil sheet about 2 inches from 12-inch side. Top each with 1/2 cup vegetables and 8 steak fries. Place 1 piece of corn next to each patty. Divide remaining 1/2 teaspoon garlic-pepper blend among vegetables. Bring up 2 sides of foil so edges meet. Seal edges, making tight 1/2-inch fold; fold again, allowing space for heat circulation and expansion. Fold other sides to seal. Place packets on large cookie sheet.
- 4 Bake 35 to 40 minutes or until meat thermometer inserted in center of patties reads 160°F. Place packets on plates. To serve, cut large X across top of each packet; carefully fold back foil.



Fruity Flip-Flops



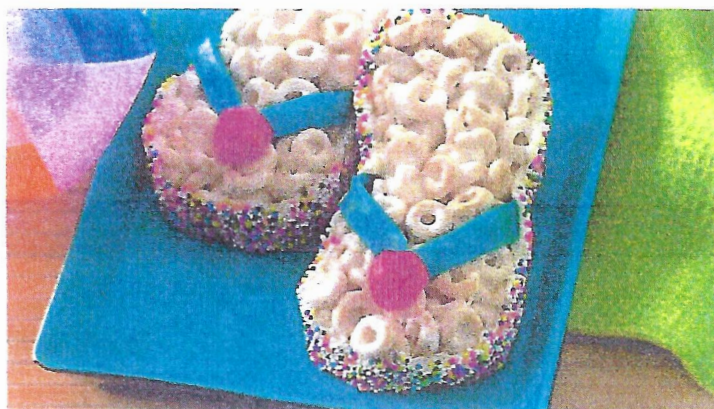
Prep	Total	Servings
15 MIN	60 MIN	16

Ingredients

- 3 tablespoons butter
- 1 bag (10 oz) miniature marshmallows
- 5 cups Cheerios™ cereal
- 3 rolls Betty Crocker™ Fruit Roll-Ups™ chewy fruit flavored snacks (any variety)
- 2 pouches Betty Crocker™ Fruit Gushers™ fruit flavored snacks (any variety)

Betty Crocker™ Rich & Creamy vanilla frosting

Betty Crocker™ colored candy sprinkles



Steps

- 1 Spray bottom and sides of 13x9-inch pan with cooking spray. In large microwaveable bowl, microwave butter and marshmallows uncovered on High about 2 minutes, stirring after each minute, until mixture is smooth.
- 2 Immediately stir in cereal until evenly coated. Press mixture evenly in pan with greased hands. Cool 15 minutes.
- 3 Cut into 4 rows by 4 rows to make 16 rectangles. Shape rectangles into flip-flop shapes, making 8 pairs total. Unroll and remove paper from Fruit Roll-Ups fruit flavored snacks. Cut the fruit flavored snacks into 4 strips—each $4\frac{3}{4}$ in long. Fold each strip in half lengthwise. Fold the strip into a v-shape. Press on bar to make flip-flop straps.
- 4 Lightly frost each flip-flop around cut sides; immediately press candy sprinkles on frosting. Place 1 Fruit Gushers fruit flavored snack at tip of each V shape, attaching with small amount of frosting.