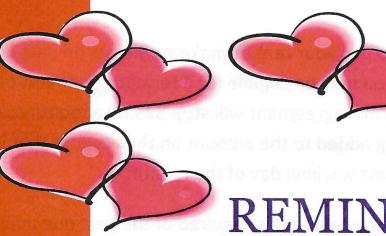
PCHA 2-2021

February

2021

Thank you for paying your rent on time.



REMINDERS;

FEBRUARY HOLIDAYS

SUN 2/14

VALENTINES DAY

MON 2/15

PRESIDENT'S DAY

Phones will be available for messages.

NO SMOKING IN APARTMENTS

RENT IS DUE THE LAST WORKING DAY OF THE MONTH

CALL THE OFFICE FOR ANY MAINTENANCE YOU NEED

BE CONSIDERATE OF YOUR NEIGHBOR'S AND KEEP THE NOISE DOWN

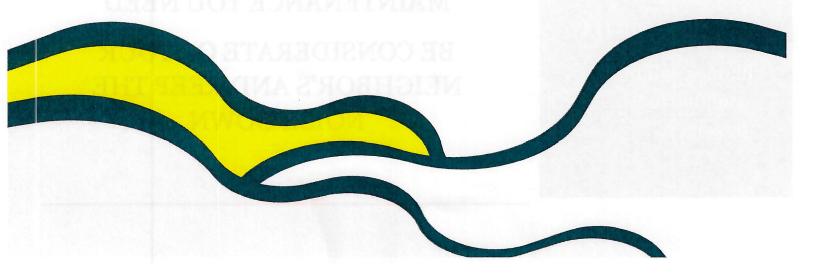


All charges you have been charged in 2020/2021 are due and payable. The COVID-19 pandemic does not mean charges are not to be paid. Taking advantage of this situation and not paying your rent is not acceptable.

If you are unable to pay your rent or make payments on past due account balance, you may be eligible for a formal agreement payment arrangement. A formal agreement will stop \$25.00 a month late payment fees being added to the amount on the account that is not paid in full by the last working day of the month.

Normally a 25% down payment is required of the past due amount. However, at this time the down payment is being waived. Paperwork must be signed and returned to our office, prior to any formal agreement being set up.

If your income situation has changed, we need to know immediately, so the change can be documented. We need proof of all income changes from employer, state agency, etc.





FRIENDLY CALLER PROGRAM

A simple phone call can make someone's day!

The Area Agency on Aging, in conjunction with the Retired and Senior Volunteer Program (RSVP), are now offering Friendly Calls to older adults in Adams, Brown, and Pike Counties! Individuals can be self-referred or may be referred by others. Participants will be matched with a volunteer and calls can range from 5-20 minutes anywhere from 1-5 times a week. This is a voluntary program and can be ended at any point.

This program is born out of a commitment from the State of Illinois to address social isolation and loneliness. Research shows that loneliness and social isolation are linked with negative physical and mental health consequences, including depression, cardiovascular disease, quality of life, general health, cognitive function, and mortality.

How can we help?

Safety & wellbeing checks

Provide supportive listening and social calls

Decrease impact of social isolation

Provide referrals if needed & offer ongoing follow-up contact

To refer yourself or someone you know for the Friendly Caller Program:

Call: Kim Schuette

Phone: 217-223-7904

Email:

kim.schuette@wciagingnetwork.org

Hours available for calls:

Mon-Friday: 8:30 am - 3:00 pm

Interesting Facts from 2020

This year was not only about COVID-19. Here are some interesting facts that happened in 2020.



- <u>Rare Two-Faced Kitten Born-</u> In May 2020 a rare two-faced kitten was born in Albany,
 Oregon. The kitten was born with a birth defect called cranial duplication. Both mouths
 moved and were able to nurse. Unfortunately, the kitten passed away a few days after
 birth.
- 2. <u>Treasure from 1715 Shipwreck Found</u>- A Florida man hit the jackpot when he found 22 silver coins along the beach from a 1715 shipwreck, estimated to be worth \$6,000.00.
- 3. <u>First Commercial Rocket to Orbit Space</u>- It's been awhile since we've heard any astronaut news, but for the first time ever in May, NASA astronauts launch from the first commercial spacecraft, SpaceX CrewDragon, heading towards the International Space Station. There are two astronauts in the spacecraft and there are possibly more launches scheduled for this year.
- 4. <u>First Frog Fossil from Antarctica Found</u>- In early April scientists uncovered Antarctica's first frog fossil. This fossil may help scientists learn when the South Pole froze. About 90 million years ago, Antarctica was a thriving rainforest before it froze. The fossilized frog is to be dated from roughly 40 million years ago.
- 5. First Drug to Treat Peanut Allergies is FDA-Approved- For everyone who has a peanut allergy this news may help your health tremendously. On January 31, 2020, the FDA approved the first drug to treat peanut allergies due to accidental exposure.
- 6. <u>First Women to Walk in Space Travels to Ocean's Deepest Depth</u>- Katy Sullivan, the first woman to walk in space travel to Challenger Point the ocean's deepest depth. She is the first woman and astronaut to do this perilous journey. With her diving partner, they were even able to coordinate a call with the International Space Station.
- 7. <u>Electric Airplane</u>-On May 28, 2020, the world's largest all-electric commercial aircraft made its first successful flight. This marks a milestone in the world because it brings us closer to using clean-air aviation.
- 8. <u>Nation's Largest Solar Project Just Got Approved</u>- The U.S. is taking one stop closer to moving toward solar energy when the Department of the Interior and the Bureau of Land Management approved the construction of the nation's largest solar project. The project is estimated to be done by 2022 in Nevada.
- 9. <u>Texan Teen Caught A Nearly 850-Pound Shark-</u> Summer vacation started off very exciting for 13 year old Michah Harless from Weatherford, Texas when he reeled in with the help of his father, an almost 850 pound tiger shark in the Gulf of Mexico.



Office number

217-407-0707



You must pay your Ameren bill.

If you are unable to pay your electric bill you must call Ameren at the number below to set up payment arrangements. If your electric is disconnected, this is cause for immediate termination for health, safety and building code requirements. If your electric is disconnected call:

1-800-755-5000

Make sure to leave your screen door unlocked on the day your complex is scheduled for pest control.

Tobacco Quit Line
1-800-QUIT-NOW
toll-free 1-800-784-8669
QUITLINE GOM



Return with your payment
for a chance to win \$50.00
off your rent!!!

Name
Phone#
Account must be in good

standing to win.

If you call in a work order and maintenance arrives only to find out that there is nothing wrong, you will be charged a \$25.00 service call fee. We have been receiving calls of this nature more frequently lately. When you call for emergency repairs and they are not, this costs time and money, in addition to pulling them off other necessary work.

If you believe that someone has abandoned or is mistreating an animal, you need to call Pike County Animal Shelter at 217-285-4811.



PHONE CALLS TO MAINTENANCE

ONLY EMERGENCY CALLS

ARE TO BE MADE TO THE MAINTENANCE PHONE NUMBER AFTER
HOURS ONLY. CALL THE OFFICE DURING WORK HOURS.
EMERGENCY CALL ARE AS FOLLOWS:

- 1. NO HEAT; not that the heat is 71 degrees and you would like it 73 degrees. This means indoor temperature below 55 degrees only.
- 2. WATER LEAK, CLOGGED DRAIN, TOILET WON'T FLUSH; not a slow draining drain.
- 3. REFRIGERATOR NOT WORKING; not that it is making a strange noise.
 - 4. ENTRY DOOR LOCK OR WINDOW LOCK

BROKEN; This means a security issue, not an interior door that is not working properly.

You must call the office for work orders during office hours. After hours and holiday calls to the maintenance number must be emergency calls only.

PUZZLE

COMFORT FOOD

G C U S D S G T C G 0 W W W W H U 0 A D T A U D F A E A R 8 W H H 0 0 G F C T E W Z 0 0 G P U A 0 W M U F S A T T L F D K 0 C P L K 0 L Q V L A N L T U S L M 0 E R M 0 M U S E J T Q D M C E C E L E N T 0 A Z Q 0 S D P B A H G S A M T P Z P N M G M F E G L B T V C T M J K J B R B Y A D A E R B M R C 0 D 7 M L G R T S M 0 P X K G A R P G G E C R E M S Y S C G T. A A S H N M 0 Z U F G G J Z 0 W U K C 2 C F S R A E Y C N S E D 0 N A 7 P X M H Y C E B A M Y D C S V H E 8 R G E R P P



CHEESEBURGER

CORNBREAD

GRITS

LASAGNA

PIZZA

SOUP

TUNA Melt

CHILI

DUMPLINGS

HAM AND BEANS

MACARONI and Cheese

Mashed POTATOES

SPAGHETTI

WAFFLES

CHOCOLATE

GRILLED Cheese

ICECREAM

Creamy NOODLES

POTPIE

TACOS

COVID-19 information and advice

We've been living with COVID-19 for several months now, and we have more information about how best to prepare our homes for a worst-case scenario. Here's a handy checklist as we head into another month.

TAKE INVENTORY OF YOUR MEDICINE CABINET-Look for expired medications, and toss them out. Be sure to have a fresh supply of the following: acetaminophen, ibuprofen, decongestant, cough syrup, cough drops, saline nasal rinse, anti-diarrheal medication, electrolyte solution and a reliable thermometer. For prescription medications, always make sure to have at least two weeks' supply on hand.

GET A FLU SHOT- Widely available now at your doctor's office and pharmacies. Influenza and COVID-19 are both respiratory viruses, and while the flu vaccination isn't 100 percent effective, it does offer some protection against secondary symptoms.

HAVE ENOUGH MASKS FOR A WEEK'S USE-Whether you use cloth or disposable types. Keep clean ones in the car, by the front door and in your bag. Cloth masks should be washed frequently.

STOCK ALCOHOL-BASED SANITIZER-that's at least 60% alcohol. Most stores have sanitizers on shelves now, but there's no need to hoard. Keep a bottle in the car, a couple in the home and one in your bag.

PRINT OUT IMPORTANT PHONE NUMBERS- Like those for the nearest hospital and urgent care center, doctors and telehealth providers, along with neighbors and friends you can call in case you get sick.

PERFORM A FRDIGE AND PANTRY INVENTORY-Keep two weeks' worth of shelf stable foods in the pantry and about the same amount of fresh produce in the fridge. Print out a list of grocery essentials and tape it on the fridge, in case you get sick and need someone to pick up groceries for you.

STAY UP TO DATE-on your doctor and dentist visits.



Rent is due
the last
working day
of each
month.
February
rent must be
received by
February 26th
in our office.

Only Emergency Work Orders will be done until further notice.

We are reviewing tenant files and doing annual paper work.

If we find documents that have not been signed we will mail them to you to sign and return. Please note that some of these unsigned documents may not be from the current year. Please return all paper work to our office within 10 days of receiving.

You can return to us by mail or by using the secure drop box next to our front door at our office.

THANK YOU!!!