

Facts about March



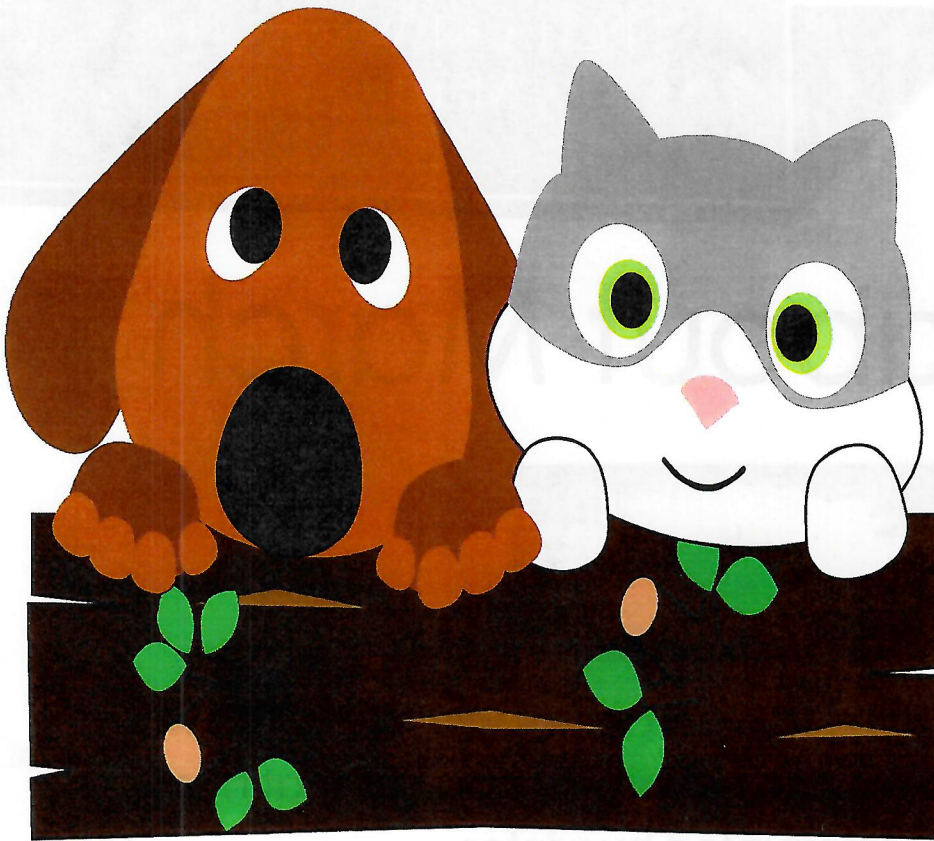
“March” is named for the Roman god of war, Mars. This was the time of year to resume military campaigns that had been interrupted by winter.

The Full Worm Moon

March's full moon, the Worm Moon, reaches peak illumination on Sunday, March 28th, at 2:50PM EDT. Look for it that evening as it rises above the horizon.

The Start of Spring

The March equinox occurs on Saturday, March 20th, 2021. In the Northern Hemisphere, this is known as the vernal, or spring, equinox and marks the start of the spring season. In the Southern Hemisphere, autumn begins. At this time, the Sun crossed the celestial equator on its way north. Also on this day, the Sun rises exactly in the east and sets exactly in the west.



THANK YOU FOR
PAYING YOUR RENT
ON TIME

REMOVE ALL ITEMS
FROM YOUR YARD TO
PREPARE FOR
MOWING

OFFICE REMAINS
CLOSED TO THE
PUBLIC

LOOK FOR YOUR
CHANCE TO GET \$50.00
OFF YOUR RENT IN
THIS ISSUE

DROP OFF PAYMENTS
AT OUR SECURE DROP
BOX NEXT TO OUR
FRONT DOOR. MAKE
SURE THE NAME OF
THE TENANT IS ON THE
PAYMENT

If you have pets, you must have them registered with PCHA. We will issue a pet sticker for your door to let us know animals are in your apartment. Weight limit on dogs is **35** pounds and under. If you have a large dog, we will ask for a verified weight from your veterinarian. If the proof of weight for the animal is not provided, you will be asked to remove the animal from the apartment. If you are claiming you have an assistant or service animal, we will require more information. Please call the office at 217-407-0707.

PLEASE PICK UP AFTER YOUR PETS!

March 2021

Maintenance is now doing all work orders.

If you have called in a work order previously, you so not need to call again.

During business hours:

Call the office for all work orders.

*If you have an afterhours, weekend or holiday
EMERGENCY ONLY work order, call the
maintenance phone number.*

EMERGENCY WORK ORDER CALLS ARE:

*Water leak/clogged drain; Toilet won't flush;
Refrigerator stopped working; No heat in unit at all;
Entry door lock or window lock broken.*

Recycling bins located at Barry Welcome
Center and Area Disposal in Pittsfield.



DO NOT put items in the bullpen
areas that Area Disposal will not
remove. This includes furniture,
mattresses, box springs, etc.

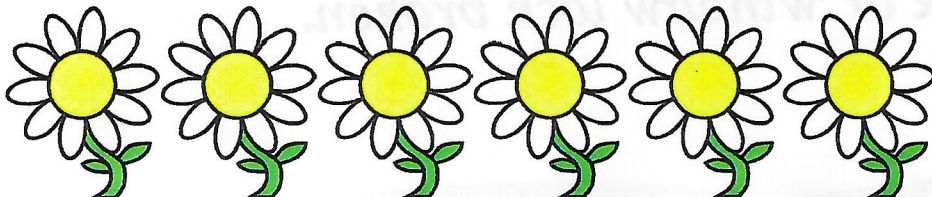
Look for our spring clean-up dates in this issue
to get rid of items too big for the
bullpens/trash area.

Return coupon with your payment for your chance
to get \$50.00 off of your rent!!

Account must be current to enter.

Name _____

Phone Number _____



RETURN ALL PAPER
WORK TO OFFICE
WITHIN 10 OF
RECEIVING IT

BARRY TRASH PICK UP
DAY IS NOW MONDAY

OFFICE FAX NUMBER
217-407-0708

DROP RENT PAYMENT
WITH MONEY ORDER
OR CHECK AT OUR
SECURE DROP BOX
NEXT TO THE FRONT
DOOR

DO NOT LOCK SCREEN
DOORS ON THE DAY
PEST CONTROL IS TO
BE AT YOUR COMPLEX

IF YOU ARE HAVING
TROUBLE PAYING
YOUR RENT, CALL
OUR OFFICE TO SEE IF
YOU QUALIFY FOR A
REPAYMENT
AGREEMENT

HUD SMOKE-FREE HOUSING RULE



Why did HUD adapt a smoke-free policy rule?

The smoke-free rule was adopted to prevent fires, allows residents to breathe clean air and reduce maintenance cost.

What tobacco products are banned?

All lit tobacco products are banned including cigarettes, cigars, and pipes.

Is marijuana allowed at PHAs?

HUD **does not allow** marijuana on any PHA site. Marijuana is on the federally banned substance list, and is not allowed in any form on PCHA properties.

Where is smoking banned?

It is banned inside all Public Housing Authority (PHA) buildings, including patios, or within 25 feet of building.

Are PHAs required to build smoking shelters?

No, they are not required to do so.

If I have a physical disability can I smoke in my unit?

No, all residents are banned from smoking in their unit and within 25 feet of any building.

How is the rule enforced?

Like other rules, the smoke-free rule will be part of the lease agreement. Warning and fines may also be issued for people who violate the rule.

What help is offered to residents who want to quit smoking?

Residents can contact PHA staff for information on free quit counseling services. Quit smoking resources are also available to Medicaid enrollees, and military personnel and their families.



Asparagus is a delicious springtime vegetable, known for its slim, spear-like shape.

Health Benefits

The vitamins, minerals, and fiber in asparagus can provide serious health benefits.

Vitamin A, for example, is important for keeping your eyes healthy. It feeds your corneas and retinas and it helps your eyes lubricate themselves properly. Vitamin A also helps prevent eye disease like cataracts or macular degeneration.

Other health benefits of asparagus include:

Blood Clotting

Vitamin K helps blood clot properly, and a vitamin K deficiency can lead to problems like uncontrolled bleeding after an injury. Consuming enough vitamin K through vegetables like asparagus can help make sure your blood clots like it's supposed to.

Rich in Antioxidants

Asparagus is also a good source of antioxidants like Vitamin A and Vitamin E. These antioxidants help the body fight off "free radicals," or oxygen particles that cells produce as waste. Free radicals can damage the DNA of nearby cells, leading to cancer, heart disease, and other health problems. The antioxidants in asparagus help remove these free radicals from your system.

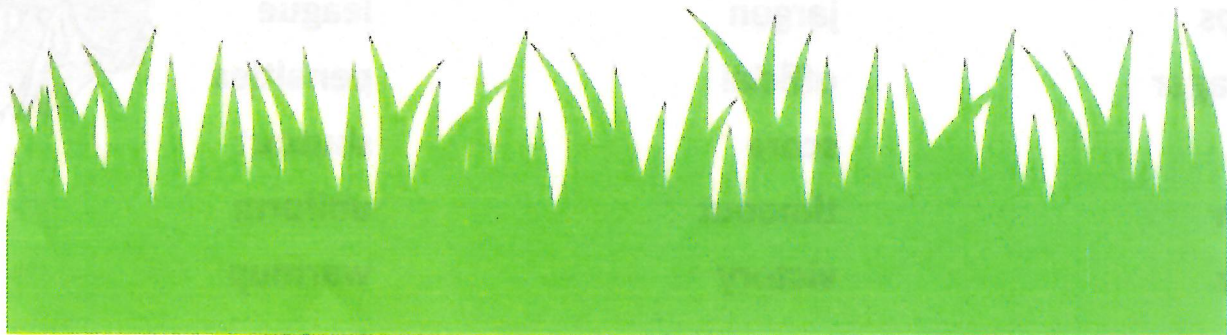


Mowing is starting soon.....

Tenants need to make sure **everything** is picked up out of the yards. Including any toys, dog leashes, animal waste or anything that is more than 2 foot away from the buildings. We are not responsible for any item(s) that are destroyed by our mowers because it was left in the yard.

YOU MUST PICK UP AFTER YOUR PETS!!!

This is to be done year round. We have areas where no effort is being made to pick up after your animal. If maintenance has to remove the animal waste from your yard, you will be charged \$15.00 service fee each time. Picking up after your pet is part of the Lease Addendum A Pet Policy. If you are not taking care of your animals waste, indoor or outdoor, you will be asked to remove the animal from your household. This Pet Policy is signed by every tenant and is a part of your permanent file. As with any part of your lease, this can and will be used for lease termination for non-compliance.



PUZZLE

MARCH MADNESS

Q W T K O T C D N E F E D E U F P L
 I E F E S P E L W O F X C N I U G E
 O H L I A D N B Y O T N I N M Y G A
 P H S B O M T R N Z E F A R L K O G
 N S J K B U E G L R O L A I F A U U
 A R L U X I R X E R I W Q X Y M O E
 Z O N E H W R F M S C O R E A E K G
 Y D A S A I N D T G P E D N Q Y Q U
 E R U P N O E L I M I N A T I O N N
 S R O X C R O L A V O G U C J X W J
 T E R T J A R G O N E H M I H W W B
 I S I O C T B T N R L A I C I F F O
 M H U T R I N U K I M P S N C M C Z
 E U U G L E V Z Z A W P X A W W B R
 O T O Y B A L L R Z O A Q I R D L G
 U O O T L C N P V O E M R F A L H E
 T U M V N A O E H C T R P N J E Y K
 B T X D M P R V P W E W I P E D Z N

assist

center

dribble

finalist

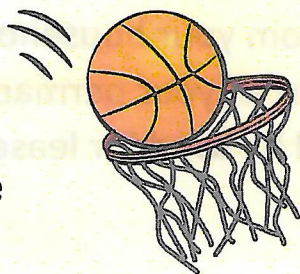
hoops

manager

rush

team

valor



ball

conference

elimination

fowl

jargon

official

score

timeout

victory

buzzer

zone

defend

error

goal

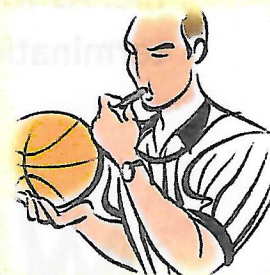
league

penalties

shutout

uniform

warmup



We will be returning to your apartments this Spring with in-home visits. You will be notified 48 hours before we enter your apartment for the inspection. Inspections also include the outside of your building , and the yards, front and back (if applicable).

If you fail your inspection, changes will need to be made. It is in the lease of every tenant to keep the apartments clean and tidy, inside and out.

No exceptions will be made.

SPRING CLEANING

TRAILER SCHEDULE

Barry: March 29-April 9

Baylis/New Canton: April 12-16

Griggsville/Perry: April 19-23

Pittsfield: April 26-May 7

Pleasant Hill: May 10-14

