

PCHA June/July 2022 Newsletter

It's
SUMMER
Time

WESTERN ILLINOIS FAIR GRIGGSVILLE, IL

UPCOMING EVENTS SCHEDULE

Wednesday, June 22 - \$10 Admission

7:00 - Queen Pageant and Princess Contest

Thursday, June 23 - \$10 Admission

7:00 - Truck & Tractor Pull

Friday, June 24 - \$15 Admission

7:00 - Demolition Derby - School Bus, Gut N' Go Royal Rumble, Mini Trucks/Vans

Saturday, June 25 - \$15 Admission
**7:00 - Mike Brown Promotions
Demolition Derby**

Sunday, June 26 - \$5 Admission 12:00 - Heartland Garden Tractor Pullers





PIKE COUNTY UNMET NEEDS

“When all else fails...”

In the summer of 2003, a coalition of private, public, and charitable Pike County, IL organizations formed to assist individuals and families with unexpected needs. This coalition was named, Pike County Unmet Needs. PCUN is unique in that it pools both the resources and the experience of community representatives from public agencies, institutions, churches, not-for-profit organizations, and private citizens in a team effort to explore reasonable solutions for individuals and families in need.

TYPES OF ASSISTANCE PROVIDED:

Housing * Healthcare/Medical * Utilities * Transportation * Food

HOW TO GET HELP:

1. Contact a caseworker of member of PCUN to fill out an application.
2. Those requesting assistance must be a resident of Pike County, IL, and a minimum of 18 years old.
3. All applications must be completed fully and have a privacy release signed in order to be processed. Information released to PCUN is strictly confidential.
4. Applications are reviewed and discussed at a PCUN meeting to determine if they qualify for assistance. PCUN usually meets the second and fourth Wednesdays of each month.
5. Decisions may include, but not limited to: referral to other resources, requesting more information regarding the application, providing assistance as requested, or denial of assistance.
6. Payments will be made to vendors only and not directly to individuals.
7. Assistance for each applicant is limited to only once per year through PCUN. After receiving assistance an applicant may reapply after 12 months have passed.

CASEWORKERS

Carla Allen
Pike Co General Asst.
121 E. Washington
Pittsfield, IL 62363
217-285-2726

PCHA
838 Mason St
Barry, IL 62312
217-407-0707

Two Rivers Regional Council
120 S. Madison
Pittsfield, IL 62363
217-285-5424

According to the Lease...

Page 7 Section F of the December 2021 Revision

F. FLAGERANT AND/OR DISREGARD FOR OTHER RESIDENTS' RIGHTS:

1. Residents' shall not disturb or permit the disturbance of others right to peaceful enjoyment of the property by excessive noise, unwanted contact, or any other obnoxious, harassing, intimidating behavior.

Page 7 Section G December 2021 Revision

1. Any person, other than Resident's newborn children, must be approved **BEFORE** they can reside in the dwelling unit. Newborn children must be reported within 10 business days. Non-approved movie-ins will be considered a serious violation of the terms and conditions of this lease.

According to the Lease...

Page 4 Section B of the December 2021 Revision

B. ABILITY TO LIVE INDEPENDENTLY: If during the term of lease, the resident, for reasons of physical or mental impairment is no longer able to:

- 1. Maintain the apartment in a clean and safe living condition.**
- 2. Care for his/her physical needs.**
- 3. Keep from disrupting, abusing, or interfering with the decent, safe and sanitary enjoyment of the property by other residents.**
- 4. Cannot make or refuses arrangements for someone to aid him/her in maintaining the apartment in a clean and safe living condition, and caring for her/his physical needs.**
- 5. PCHA will attempt to refer the Resident to the appropriate social agency in an effort to find pertinent assistance, if no family members' are willing to assist.**

ONLY CHARCOAL GRILLS ARE ALLOWED

Only small charcoal barbecue grills are allowed, no gas powered grills. Grills should not be used by any building. Once cooled, the grill should be put back by Resident's unit. Fire pits are not permitted on PCHA property.

LARGE PLAYGROUND EQUIPMENT IS NOT ALLOWED

Only small slides, swings, and sandboxes are allowed. No trampolines of any size. Children must be supervised by Resident at all times. PCHA is not responsible for tenant owned playground equipment or accidents therefrom.

TIPS TO HELP BE MORE COOL IN SUMMER

If you find yourself incapable of enjoying a cookout or grimacing at the thought of being outdoors, or your indoors is just too warm, don't worry, there is hope for you yet. Here are a few helpful tips to help keep you cool.

- ✚ Being dehydrated is a quick way to overheat in the summer, sneak in extra water whenever you can. Seasonal produce like watermelon, cantaloupes, and cucumbers contain loads of water. They're easy to digest, don't need to be cooked.
- ✚ Soaking your feet in cool water will give you instant relief from the heat and can also be helpful if your feet swell in hot weather.
- ✚ There's a reason spicy food is so popular in places with hot climates. It turns out eating something hot is a great way to stay cool. The substance in peppers that makes food spicy, binds to the pain receptors in your mouth. Your brain interprets this as being hot, and makes you sweat, and the sweat subsequently cools you down.





Happy 4th of July

MORE TIPS TO HELP BE MORE COOL IN SUMMER

- ✚ Because digesting a large meal requires more energy than digesting a small one, try snacking throughout the day, instead of sitting down for a large meal, to keep your body from doing extra work and heating up in the process.
- ✚ If you want to cool down while you are out and about, find a nice tree to sit under. The shade from trees is actually cooler than shade from buildings and other man-made-objects, thanks to a process called transpiration. A tree maintains its temperature by circulating water around inside itself and releasing moisture into the atmosphere, to keep itself and the air around it cool.
- ✚ It might seem there's nothing better than a cold ice cream on a hot summer day, but there is. It turns out the high fat content in the ice cream makes it difficult to digest. The extra energy your body uses to digest the ice cream can actually raise your body temperature a little bit. So, if you want to cool down, try a lower fat frozen dessert.

PCHA DOES NOT HAVE ASSIGNED PARKING!!!!

**HANDICAPPED PARKING IS ONLY FOR
VEHICLES WITH A CURRENT HANDICAPPED
TAG OR LICENSE PLATE.**

A LETTER FROM PCHA WAS SENT TO ALL TENANTS EXPLAINING THIS POLICY. HOWEVER, WE ARE STILL GETTING CALLS ABOUT THE PARKING SPACES. IF YOUR HOUSEHOLD HAS MORE THAN ONE VEHICLE, OR A GUEST, THE SECOND VEHICLE MUST PARK BEHIND THE OTHER VEHICLE IN THE SAME SPOT. THIS IS TO ALLOW ENOUGH ROOM FOR EVERYONE TO PARK. WE DO NOT ALLOW PARKING IN THE GRASS OR ON THE SIDEWALKS. *



*IF A NEW TENANT IS MOVING IN, PCHA HAS GIVEN PERMISSION FOR THEM TO MOVE THEIR ITEMS IN AND PARK ON THE GRASS, TEMPORARILY, UNTIL THEY ARE ABLE TO COMPLETE THEIR MOVE IN.



Warm temperatures call for outside fun

Only small plastic or inflatable pools are allowed. Please make sure to empty the pool when you are finished and place it upright against the wall of the building.

DO NOT LEAVE WATER IN AN UNATTENDED POOL!!



Please do not leave animals unattended. If you are taking pets outside they must be on a leash or a tie.



If a dog is allowed to run through the complex, the Pike County Animal Shelter will be called. Violating a leash law ticket will cost over \$100.00.

Always make sure your outside animal has shade and plenty of water.



A vendor has been selected to begin the process of selling the Perry, II. properties. Bedrock Housing Consultants will be assisting the PCHA.

Bids were received for the water heater replacement, and dwelling unit upgrades under the Capital Fund Program. Bids were about \$230,000.00 higher than expected. This is still under review.

PCHA is in the middle of updating it's website to be in line with ADA requirements. Work to be completed soon.



Congratulations!!

Assistant Director Amber Schulz

10 years at PCHA!!

Congratulations!!

Executive Director Chris Bruns

10 years at PCHA

20 years in Public Housing!!

4th of July Word Search

R A M O D E E R F Y I A N Y P
 R V I C E L E B R A T I O N A
 N O S H M P Y N O A B E I Y T
 U Z J X P T R E M M U S T A R
 V O Z E R L S U X X M X A D I
 E C N E D N E P E D N I R I O
 F L B G S P S D T O Z C A L T
 M I A A A T C R A L O V L O I
 L L R R C P R Y A L R E C H C
 F T A E F I A I O T I Z E P I
 C D G Z W C R N P A S H D I S
 E J U L Y O I E R E J H P C U
 O E N B Y E R C M C S M G N M
 Q Z L W S W R K S A J N H I D
 B R I T I S H L S N X W P C E

Independence
 Freedom
 Parade
 Patriotic
 Liberty
 July
 Summer

Declaration
 Picnic
 Celebration
 Holiday
 British
 Stars
 Music

Flag
 Fireworks
 America
 Philadelphia
 Colonies
 Stripes

