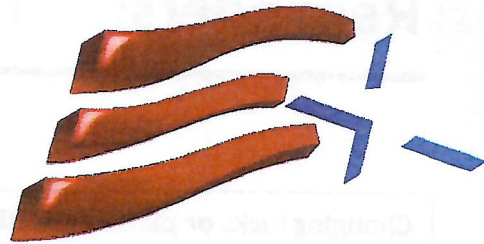


# JULY

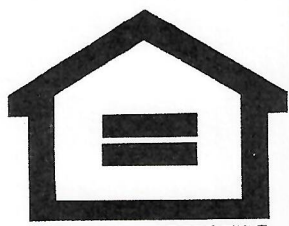


## PCHA 2023 NEWSLETTER

# Patriotism...

IS NOT SHORT, FRENZIED OUTBURSTS OF  
EMOTION, BUT THE TRANQUIL AND STEADY  
DEDICATION OF A LIFETIME

-ADLAI STEVENSON



**EQUAL HOUSING  
OPPORTUNITY**

## Reminders:



**NO SMOKING**

Changing locks or placing additional locks shall not be placed upon any door or window without the written approval of the PCHA management.

Neither resident nor any person other than PCHA personnel shall perform any maintenance on PCHA property or equipment. Any and all repairs needed must be reported to PCHA office.

If you are planning to move, you must give a 30 day notice. Please call the office so we can document your move out date. You must keep the Ameren on in your name throughout your 30 day notice.

Resident agrees that Resident, Resident's guests or any person under the Resident's control shall not engage in: Any criminal activity on or off PCHA premises that threatens the Resident's or PCHA employees. For the purposes of the lease, criminal activity that threatens the health, safety or right of peaceful enjoyment of the premises by other Residents or PCHA employees shall include, but not be limited to, the following;

Physical assault or the threat of physical assault to any person whatsoever.

Verbal abuse to any person whatsoever.

Illegal use of a firearm or other weapon or the threat to use a firearm or other weapon.

Sexual molestation, debauchery of a minor, prostitution, and other similar or related sexual misconduct.



PCHA  
838 Mason St

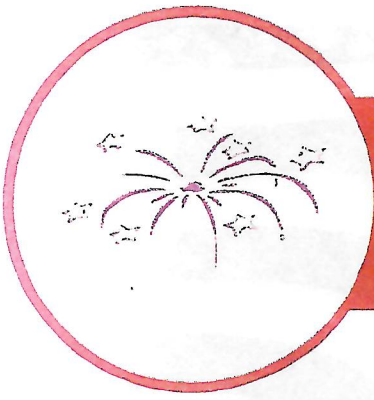


217-407-0707



Pikehousing.com





**PIKE COUNTY HOUSING  
838 MASON ST  
BARRY, IL.  
62312**

## **PCHA RULES**

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PCHA has specific rules that must be followed to reside on the property. All rules and guidelines are listed in the lease that you must sign when you move in. By signing this lease, you agree to abide by the PCHA rules and regulations. If you would like a copy of your lease, call the office.

## **NO SMOKING**

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PCHA properties are *no smoking Federal properties*. Use of prohibited tobacco products is restricted. No cigarettes, cigars, pipes, water pipes and hookahs, or marijuana. This policy applies to all Resident's and their guests.

## **UNAUTHORIZED INDIVIDUALS MOVING IN**

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*This is an ongoing problem within the PCHA properties. Unauthorized individuals are not allowed to move into ANY PCHA property.*

This is for the safety of all tenants, their families, guests, and PCHA staff. Also, due to income not being factored into rent. If you are housing an unauthorized individual, you are putting your residency at risk. This is a serious lease violation, which can lead to a lease termination.

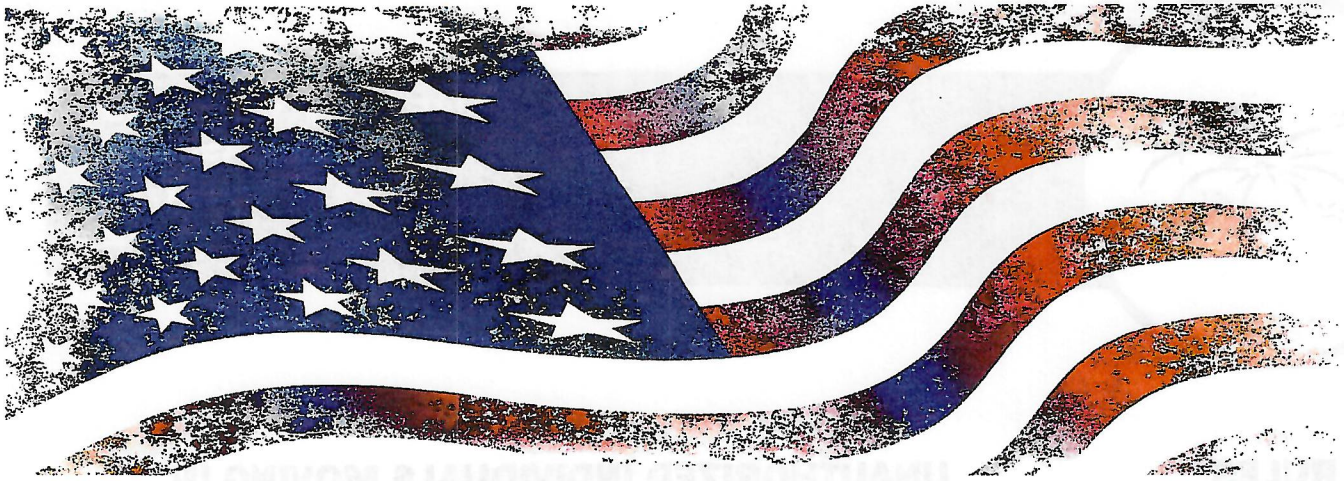
Allowing anyone to move into the residence without PCHA approval is discussed at lease signing. Everyone who signs the lease is made aware of this regulation.

## **RENT**

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Rent must be paid by the 25<sup>th</sup> of each month. A late fee of \$25.00 will be added to the account the next day. If your account is **60 days** behind you will be receiving an eviction notice for non-payment. If you are having trouble paying your rent, call the office, you may be eligible for a repayment agreement, and we can suggest agencies that provide assistance. Any changes in employment or income need to be reported to this office within 10 days.





**Griggsville Inspections July 31<sup>st</sup>- August 4<sup>th</sup>.**

**ACOP revision is out for public comment/review on our website.**

**New income limits and over income limits will take effect  
July 1<sup>st</sup>, 2023. These do not affect your rent, but so affect whether you can  
participate in public housing program**

**Exterior work has started on properties**

**71-1 Barry**

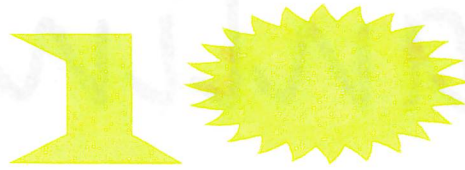
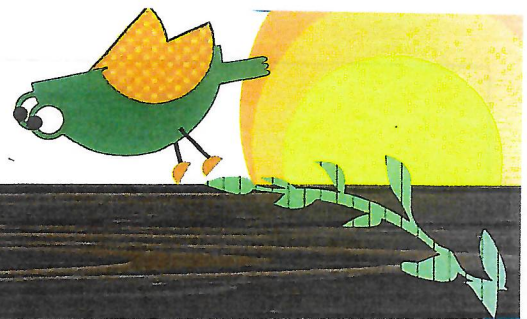
**71-2 Barry**

**71-3 Pleasant Hill**

**Signage will be completed within 30 days on all properties.**

**Please keep the yards and common areas debris free and free of any pet  
waste.**

**Rent is due the 25<sup>th</sup> of every month**



## Ways to Protect Your Skin from the SUN

Wear sunscreen everyday

Use broad-spectrum sunscreen

Reapply every 90 minutes

Check sunscreen expiration dates

Wear sunglasses with UV protection

Use lip balm with sunscreen

Regularly check your skin

Use water-resistant sunscreen

Choose cosmetics with UV protection

Wear a broad brimmed hat

The sun is the best way to get vitamin D, which your body needs to absorb calcium. 15 minutes in the sun a day can help you achieve your vitamin D goal.





# Benefits of Cleanliness

Research has found that cleaning can have a number of positive effects on your mental health.

Here are some of the benefits of cleaning and decluttering your home.



Cleaning can benefit physical health



Gain control of your environment



Improve your mood



Increase your focus

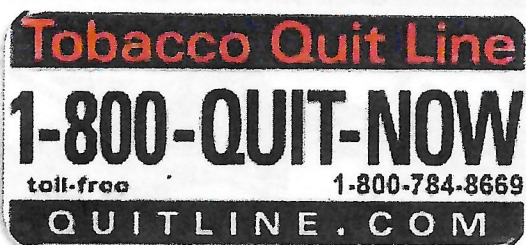


Improve your sleep



Lightens the mental load

Getting rid of clutter would eliminate 40% of housework in the average home.



### **Pest Control**

**Check pest control schedule for your property and leave screen door unlocked. Make sure any pets are secured if potentially a problem.**

**When calling the office and you do not get an answer, please leave a voice mail. We will get back to you as soon as possible. Voice mail is available 24-7.**

## **Cleaning Checklist**

### **Daily**

**Take out trash**

**Make beds**

**Spot sweep**

**Spot clean**

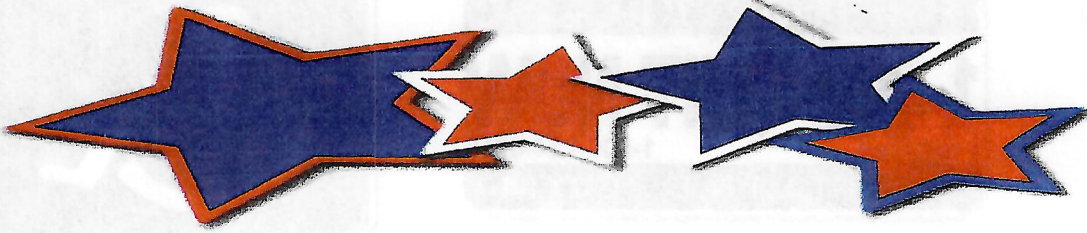
**Wipe down counters**

**Clean toilet**

**Tidy up shared spaces**

**One load of laundry**





**"FROM EVERY MOUNTAIN, LET FREEDOM RING"**

MARTIN LUTHER KING JR.

**"FREEDOM IS ONE OF THE DEEPEST AND NOBLEST ASPIRATIONS OF THE  
HUMAN SPIRIT"**

RONALD REAGAN

**"THIS NATION WILL REMAIN THE LAND OF THE FREE ONLY SO LONG AS IT IS  
THE HOME OF THE BRAVE"**

ELMER DAVIS

**"MAY WE THINK OF FREEDOM, NOT AS THE RIGHT TO DO AS WE PLEASE, BUT  
AS THE OPPORTUNITY TO DO WHAT IS RIGHT"**

PETER MARSHALL

**"WE MUST BE FREE NOT BECAUSE WE CLAIM FREEDOM, BUT BECAUSE WE  
PRACTICE IT"**

FRANKLIN D. ROOSEVELT

**"WITH FREEDOM COME RESPONSIBILITY"**

ELEANOR ROOSEVELT