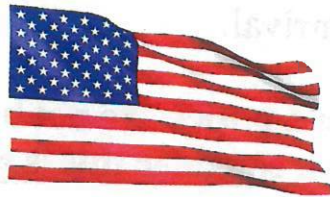




JUNE 2023 NEWSLETTER

June 14th-Flag Day



June 18th-Father's Day



June 19th-Juneteenth



838 Mason St
Barry, IL 62312



217-407-0707



ANNUAL INSPECTION NOTICE 2023
NEW CANTON, PLEASANT HILL & BARRY RE-INSPECTIONS
INSPECTION DATE: 6/26/2023 – 6/30/2023

According to the scheduling terms of Pike County Housing Authority (PCHA) policy, please be advised that PCHA will conduct the annual inspection of its apartments in New Canton, Pleasant Hill, and its Barry initial and re-inspections during the time frame of 6/26/2023 through 6/30/2023.

During the time leading up to the above dates, it is strongly recommended you make the premises ready to be viewed before the annual inspections begin. Negative inspection reports will affect your tenancy with PCHA, so please consider that as you make your preparation for staff arrival.

Apartments that do not receive a notice are not being re-inspected. If your apartment is being re-inspected, consider this is a final opportunity for improvement.

While PCHA does not expect the apartments to be spotless, it does expect them to be free from noxious odors, debris, garbage, clutter, dirty floors, dirty dishes and old food, dirty stoves, dirty refrigerators, etc. If you have pets, staff do not expect to find urine and feces on the interior of the unit, overflowing litter boxes, or significant damages caused by the animals. Staff also do not expect to find pet waste or cigarette butts not being picked up in the yard areas around the units. **All of these terms and conditions are covered in your rental agreement with PCHA.**

After inspection, you will receive a notice of pass/fail status of the inspection along with action items to be addressed, if any. As always, you do not need to be present for the inspection, but can be if you so choose.

Thank you for your prompt attention to this notice and your help in performing this annual requirement. We look forward to seeing great results!

Best Regards,
Chris Bruns
Chris Bruns
Executive Director



ACOP revision is out for public comment/review on our website.

New income limits and over income limits will take effect

July 1st, 2023.

Exterior work will be starting soon on properties

71-1 Barry

71-2 Barry

71-3 Pleasant Hill

Signage will be completed within 30 days on all properties.

Please keep the yards and common areas debris free and free of any pet waste.

Do not keep old tires on the properties, please dispose of properly.

Rent is due the 25th of every month



everyday
HEALTH®

TIPS FOR HEALTHY LIVING

EAT HEALTHY: Include at least five serving of fruits and vegetables along with the lean protein sources, low fat dairy products, whole grains and healthy fats. Choose healthier cooking habits like baking, grilling and roasting over frying.

STOP SMOKING: Quitting smoking is one of the most important thing you can do. You can live longer and better, and lower your chance of a heart attack, stroke or cancer. For help all the Illinois Tobacco QuitLine at 866-QUIT-YES.

GET MOVING: Strive for 45 minutes of moderate physical activity on most, if not all days of the week. Focus on fun activities such as dancing, gardening, swimming and walking.

MAINTAIN A HEALTHY WEIGHT: According to the American Obesity Association women who are overweight are at greater risk for stroke and developing chronic diseases such as diabetes, high blood pressure and heart disease. Focusing on healthy eating and staying active can help you maintain a healthy weight.

BE GOOD TO YOURSELF: Balancing work, home and play; reducing stress, and getting plenty of sleep are just as important as a healthy diet and exercise to living a happy, healthy life. Sometimes that means simply “kicking back” and allowing some of life’s little stresses to roll off your back!

June



National Get Outdoors Month is an annual event designed to encourage all Americans to get up from their comfy sofa, video game, and take a break from the air-conditioned cool of the indoors and instead, head outside for natural fun, picnics, and outdoor activities. There are countless ways to engage with nature and be outdoors, with sporting or leisure activities. This Saturday, make plans to be outside! Here are some ideas for how to celebrate National Get Outdoors Month by yourself, with family and kids, or with like-minded friends.

1. VISIT A NATIONAL OR STATE PARK-Not only are they still America's greatest idea, our National Parks and historic sites encourage healthy active outdoor fun and provide a truly spectacular way to get outdoors to enjoy the beauty and splendor of this vast, diverse, and fascinating country. If a state park is easier to access (and probably cheaper/free), head there to see what might be scheduled for National Get Outdoors Month.

2. GO FISHING-Not that you need an excuse to go fishing, but National Get Outdoors Month could be a great way to encourage your kids, partner, or friends to join you one of the all-time best outdoor activities.

3. TAKE A HIKE-You don't need fancy gear, expensive boots, or a hydration backpack to take a hike on get outside day! Simply bring a bottle of water, lace up the sneakers you already wear, and find a local loop or out-and-back trail. Look for wildlife, listen for birds, and enjoy time in the great outdoors.

4. CAMP OUT-If you have a backyard, pitch a tent and spend a night outside during National Get Outdoors Month. Gather your kids for a night of ghost stories, music, and s'mores before falling asleep beneath the stars. Of course, you can also visit and camp at a local camp site.



Reminders:

PCHA is smoke free!

You must return all paperwork to the office within 10 days of receiving it. Make sure all signature pages are signed and dated.

Only small swimming pools are allowed. Children must be supervised by resident at all times. All pools must be emptied and standing upright or deflated when not in use:

Dog pens, dog houses, sheds, storage areas, etc. are not allowed to be placed or constructed on PCHA property.

Only small charcoal grills are allowed, no gas grills. Grills should not be used by the buildings, and should be put back when cooled.

Fire pits are not allowed on PCHA property.

You must turn in proof of all income.

You must notify the office when you get new employment, a raise in pay, or any change of income. Failure to do so will result in your account being back charged from the day you started a job. If your income changes, up or down, you must report it to the office. By not turning in income you are committing fraud. This program is based on your income. When we find income on you, you will be charged to the maximum ability of this office. Any and all fraudulent acts will be turned over to the proper authorities.



BENEFITS OF PCHA LIVING

BARRY FOOD
PANTRY

TUESDAY
EVENINGS
4:30PM-7:00PM

FRIDAY MORNINGS
8:30am-Noon



INCOME BASED HOUSING

Market rate rent in Pike County is starting at \$650 and up for 1 bedroom units, \$700 and up for 2 bedrooms, and as high as \$1300 and up per month for 3-4 bedroom homes.

We offer a rent choice. You can either choose the income based rent or the flat rate rent. Choose the one that is right for you.

PCHA IS PET FRIENDLY

We do not charge extra for pets. You can have 2 pets in your home. We do have a strict 35 pound weight limit for the safety of our residents. If you'd like to add a pet to your home, call the office.



MAINTENANCE FREE

Our qualified and skilled maintenance team will take care of any issues that may come up with your home. Just call the office and report anything you need repaired or replaced. We will issue a work order for the maintenance team, and they will take care of it. We are not able to work on non-PCHA equipment issues. *Work Orders will be done in the order of urgency.*

Private contractors and handyman charges generally start at \$50.00-\$75.00 per hour.

PCHA PAYS UTILITIES, EXCEPT FOR ELECTRIC

Water, sewer, gas, trash and pest control. All provided by PCHA.

Water and sewer prices are going up at least 20% in some areas. An average water bill will run around \$70.00-\$80.00 every other month. Trash services have also increased in the last few months averaging around \$30.00-\$50.00 per month.

Pest service includes monthly treatment and inspections for roaches, ants, bed bugs and other pests. If you have a problem with mice, call the office and we will let Big River Pest Control know.

Monthly treatment for roaches is \$80.00-\$90.00 and monthly treatment for mice is \$75.00 per month. One treatment for bed bugs can cost anywhere from \$1,000- \$3,000.



PUZZLE: HAPPY FATHER'S DAY

Q	P	Z	K	K	O	R	W	X	A	E	S	P	G	X	R	I	F	P	K
K	J	C	Z	H	Y	R	Q	S	E	P	H	U	E	M	R	Q	M	W	R
I	D	P	G	T	Y	R	N	L	P	X	V	K	E	J	C	A	U	S	Q
F	A	M	W	F	O	L	D	G	A	R	B	W	S	Y	O	O	F	K	R
T	U	S	W	A	J	J	S	Q	N	I	T	F	I	E	V	R	P	S	W
R	L	C	Q	B	E	P	V	D	E	Z	C	B	A	C	O	B	L	D	G
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S	F	S	Y	S	I	A	F	R	D	D	I	T	D	S	P	S	B	A	J
R	C	A	X	K	Y	Y	W	D	Y	R	N	M	A	E	O	G	Y	D	P
L	T	V	M	R	P	I	A	C	I	T	G	S	D	T	C	D	Z	J	C
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M	Y	E	G	H	D	N	E	I	R	F	A	T	H	E	R	R	Z	Z	Z
Q	E	K	D	I	T	C	V	F	I	U	H	K	T	R	K	N	B	V	R
Z	K	G	Q	R	N	L	A	Y	O	L	V	I	Y	Z	B	W	Y	E	H

The Greatest Hero

(Find the *red letter* words)

This world has many *heroes*, some you'd know by name. They give their best at what they do, so they deserve their *fame*. But among all of the heroes this *world* has ever had, There is not one *admired* more that the *guy* I call *Dad*. Perhaps not like the others, he doesn't look for *praise*. He's *heroic* in his *special* way, in his *thoughtful caring* ways. Perhaps he's not as *famous* as the others that you see. But he's *everything* and so much more than hero's ought to be. He keeps his word, it's *good* as *gold*, on this you can *depend*. He's *honest*, and he's *loyal* too, he's also a true *friend*. When I hear about a hero, and the *great* things they have done, It reminds me of my *father*, he is the *greatest* one....