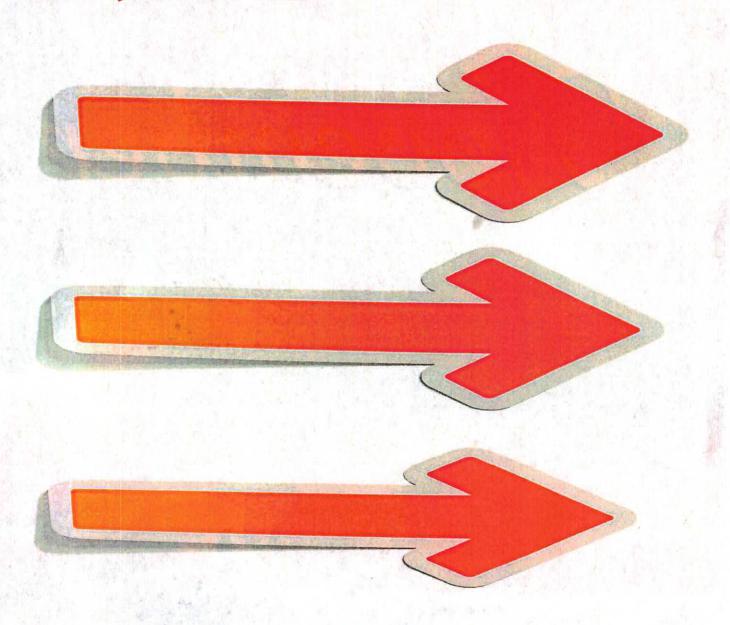


ALL ADULT HOUSEHOLD MEMBERS (OVER 18) SIGN AND RETURN HUD-9886-A FORM



THANK YOU!

Consent: I consent to allow HUD or the HA to request and obtain income information from the sources listed on this form for the purpose of verifying my eligibility and level of benefits under HUD's assisted housing programs. I understand that HAs that receive income information under this consent form cannot use it to deny, reduce or terminate assistance without first independently verifying what the amount was, whether I actually had access to the funds and when the funds were received. In addition, I must be given an opportunity to contest those determinations.

This consent form remains effective until the earliest of (i) the rendering of a final adverse decision for an assistance applicant; (ii) the cessation of a participant's eligibility for assistance from HUD and the PHA; or (iii) The express revocation by the assistance applicant or recipient (or applicable family member) of the authorization, in a written notification to HUD or the PHA.

#### Signatures:

Head of Household	Date	The state of the s	
Social Security Number (if any) of Head of Household		Other Family Member over age 18	Date
Spouse Of the Sp	Date	Other Family Member over age 18	Date
Other Family Member over age 18	Date	Other Family Member over age 18	Date
Other Family Member over age 18	Date	Other Family Member over age 18	Date

Privacy Advisory. Authority: The Department of Housing and Urban Development (HUD) is authorized to collect this information by the U.S. Housing Act of 1937 (42 U.S.C. 1437 et. seq.), Title VI of the Civil Rights Act of 1964 (42 U.S.C. 2000d), and by the Fair Housing Act (42 U.S.C. 3601-19). Purpose: This form authorizes HUD and the above-named HA to request income information to verify your household's income in order to ensure that you are eligible for assisted housing benefits and that these benefits are set at the correct level. Failure to provide any of the requested information may result in a delay or rejection of your eligibility approval.

Penalties for Misusing this Consent: HUD and the HA (or any employee of HUD or the HA) may be subject to penalties for unauthorized disclosures or improper uses of information collected based on the consent form. Use of the information collected based on the form HUD 9886 is restricted to the purposes cited on the form HUD 9886. Any person who knowingly or willfully requests, obtains, or discloses any information under false pretenses concerning an applicant or participant may be subject to a misdemeanor and fined not more than \$5,000. Any applicant or participant affected by negligent disclosure of information may bring civil action for damages, and seek other relief, as may be appropriate, against the officer or employee of HUD or the HA for the unauthorized disclosure or improper use.

OMB Burden Statement. The public reporting burden for this information collection is estimated to be 0.16 hours for new admissions and .08 hours for household members turning 19, including the time for reviewing, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Collection of information income and assets is required for program eligibility determination purposes. The submission of the consent form is necessary (form-HUD 9886) so that PHAs can carry out the requirements of Section 904 of the Stewart B. McKinney Homeless Assistance Amendments Act of 1988, as amended by Section 903 of the Housing and Community Development Act of 1992 and Section 3003 of the Omnibus Budget Reconciliation Act of 1993 (42 U.S.C. 3544) and Section 104 of HOTMA to ensure that HUD and PHAs can verify eligibility and income information for applicants and participants. This information collection is protected from disclosure by the Privacy Act. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions to reduce this burden, to the Office of Public and Indian Housing, US. Department of Housing and Urban Development, Washington, DC 20410. When providing comments, please refer to OMB Approval No. 2577-0295. HUD may not conduct and sponsor, and a person is not required to respond to, a collection of information unless the collection displays a valid control number.

# Authorization for the Release of Information/Privacy Act Notice to the U.S. Department of Housing and Urban Development and the Housing Agency/Authority (HA)

U.S. Department of Housing and Urban Development, Office of Public and Indian Housing

PHA or IHA requesting release of information (full address, name of contact person, and date):

Pike County Housing Authority Chris Bruns, Executive Director 838 Mason Street, PO Box 123 Barry, Illinois 623612

Authority: Section 904 of the Stewart B. McKinney Homeless Assistance Amendments Act of 1988, as amended by Section 903 of the Housing and Community Development Act of 1992 and Section 3003 of the Omnibus Budget Reconciliation Act of 1993. This law is found at 42 U.S.C. 3544. This law requires you to sign a consent form authorizing: (1) HUD, and the Housing Agency/Authority (HA) to request verification of salary and wages from current or previous employers; (2) HUD and the HA to request wage and unemployment compensation claim information from the state agency responsible for keeping that information; and (3) HUD to request certain tax return information from the U.S. Social Security Administration and the U.S. Internal Revenue Service.

Section 104 of the Housing Opportunity and Modernization Act of 2016. The relevant provisions are found at 42 U.S.C. 1437n . This law requires you to sign a consent form authorizing the HA to request verification of any financial record from any financial institutions as defined in the Right to Financial Privacy Act (12 U.S.C. 3401)), whenever the HA determines the record is needed to determine an applicant's or participant's eligibility for assistance or level of benefits.

Purpose: In signing this consent form, you are authorizing HUD and the above-named HA to request income information from the sources listed on the form. HUD and the HA need this information to verify your household's income, in order to ensure that you are eligible for assisted housing benefits and that these benefits are set at the correct level. HUD and the HA may participate in computer matching programs with these sources in order to verify your eligibility and level of benefits.

Uses of Information to be Obtained: HUD is required to protect the income information it obtains in accordance with the Privacy Act of 1974, 5 U.S.C. 552a. HUD may disclose information (other than tax return information) for certain routine uses, such as to other government agencies for law enforcement purposes, to Federal agencies for employment suitability purposes and to HAs for the purpose of determining housing assistance. The HA is also required to protect the income information it obtains in accordance with any applicable State privacy law. HUD and HA employees may be subject to penalties for unauthorized disclosures or improper uses of the income information that is obtained based on the consent form. Private owners may not request or receive information authorized by this form.

Who Must Sign the Consent Form: Each member of your family who is 18 years of age or older must sign the consent form. Additional signatures must be obtained from new adult members joining the family or whenever members of the family become 18 years of age.

Persons who apply for or receive assistance under the following programs are required to sign this consent form:

Public Housing Housing Choice Voucher Section 8 Moderate Rehabilitation

Failure to Sign Consent Form: Your failure to sign the consent form may result in the denial of eligibility or termination of assisted housing benefits, or both. Denial of eligibility or termination of benefits is subject to the HA's grievance procedures and Section 8 informal hearing procedures.

Revocation of consent: If you revoke consent, the PHA will be unable to verify your information, although the data matches between HUD and other agencies will continue to automatically occur in the Enterprise Income Verification (EIV) System if the family is not terminated from the program.

#### Sources of Information to be Obtained

State Wage Information Collection Agencies. (This consent is limited to wages and unemployment compensation I have received when I have received assisted housing benefits.)

U.S. Social Security Administration (HUD only) (This consent is limited to the wage and self-employment information and payments of retirement income as referenced at Section 6103(1)(7)(A) of the Internal Revenue Code.)

U.S. Internal Revenue Service (HUD only) (This consent is limited to unearned income [i.e., interest and dividends].)

Information may also be obtained directly from: (a) current and former employers concerning salary and wages; and (b) financial institutions as defined in the Right to Financial Privacy Act (12 U.S.C. 3401), whenever the HA determines the record is needed to determine an applicant's or participant's eligibility for assistance or level of benefits. I understand that income information obtained from these sources will be used to verify information that I provide in determining eligibility for assisted housing programs and the level of benefits. Therefore, this consent form only authorizes release directly from employers and financial institutions of information.



# **VETERANS DAY 11-11-24**



# The LIHEAP application period is October 1, 2024, to August 15, 2025, or until funding is exhausted.

Beginning October 1,2024: Older adults (age 60 and older), individuals with a disability, households with at least one child age 5 years and under, households that are disconnected from their utilities/energy vendors have a disconnect date within 7 days or have less than 25% in their propane tank.

Beginning November 1, 2024: All other income eligible households can start applying for LIHEAP assistance.

If your household's combined income for the 30 days prior to application (gross income, before taxes are deducted) is at or below 200% of the federal poverty level\*, as shown in the chart below, you may be eligible to receive assistance. If you rent, and your heat is included in the rent, you may be eligible for a LIHEAP benefit.

2024 Federal Poverty Guidelines for 200% of Poverty for 2025 Program Year

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FAMILY SIZE	30 DAY INCOME	ANNUAL INCOME
1	\$2,510	\$30,120
2	\$3,407	\$40,880
3	\$4,303	\$51,640
4	\$5,200	\$62,400
5	\$6,097	\$73,160
6	\$6,993	\$83,920
7	\$7,890	\$94,680
8	\$8,427	\$101,127

<sup>\*</sup>Program Year 2025 Income Guidelines are based on Federal Poverty Guidelines and State Median Income. The state reserves the right to adjust these levels based on the availability of federal appropriations.

#### What documentation do I need to prove eligibility?

For each household member, please have the following documents ready for your local agency to verify your eligibility:

- Proof of past 30-day income through paystub, check or copy of check showing fixed income amount (e.g. SSA, VA, DHS benefits), or other proof of documentation for any income source,
- Copy of most recent bill for heating (usually gas, propane or electric) and/or electric bill issued within the last 30 days (if energy directly paid for).
- Social security card or ITIN for residents who have them. Residents without ITIN
  or SSN can still apply and your Local Administering Agency will advise
  accordingly.
- A copy of rental agreement (if renting) showing that heating utility(ies) is/are included, the monthly rental amount, and landlord contact information.
- Proof the household received TANF or other benefits, such as Medical Eligibility or SNAP, if receiving assistance from the Illinois Department of Human Services.

Please call <u>217-224-8171</u>

# **Pike County Housing Authority**

Income Based Apartment Rentals in Pike County, Illinois

#### **Public Notices**

#### 2025 FLAT RENTS

The Pike County Housing Authority (PCHA) has available for public review and comment its updated Federal Fiscal Year (FFY) 2025 Flat Rent Policy. This policy has been updated to incorporate HUD supplied data for FFY 2025 Fair Market Rents, Small Area Fair Market Rents, and Unadjusted Rents.

The FFY 2025 Flat Rent Policy will be approved as a draft at PCHA's 10/24/2024 Board Meeting. PCHA's updated FFY 2025 Flat Rent Policy and related documents will be available for public review for a period of at least 30 days, beginning 10/30/2024, and a public meeting will be held at PCHA's Community Building, 842 Mason St., Barry, IL on 12/9/2024 at 2:00p.m. to collect any and all comments regarding the documents. At PCHA's 12/19/2024 Board Meeting, the FFY 2025 Flat Rent Policy and related documents will be ratified as final. HUD requires the updated FFY 2025 Fair Market Rents, Small Area Fair Market Rents, and Unadjusted Rents to be in effect as of 10/1/2024 and to be incorporated into the housing authority's payment standards upon final PHA policy ratification.

PCHA has the FFY 2025 Flat Rent Policy and related documents posted for review at the PCHA community building mentioned above, and also below. Questions, comments, and concerns regarding the FFY 2025 Flat Rent Policy and related documents can be directed through the public meeting to Chris Bruns, Executive Director at 217-407-0707, <a href="mailto:cbruns@pikehousing.com">cbruns@pikehousing.com</a>, or PO Box 123, Barry, IL 62312. PCHA is an Equal Housing Provider and Equal Opportunity Employer.

#### Flat Rent FY 2025

#### 2025 UTILITY ALLOWANCES

The Pike County Housing Authority (PCHA) has available for public review and comment its FY 2025 Utility Allowance Schedule (UAS) documentation. This documentation indicates the allowances as calculated by Johnson Controls to offset PCHA tenants Ameren Electric utility costs. The FY 2025 UAS will be approved as a draft at PCHA's 10/24/2024 Board Meeting. The FY 2025 UAS documentation will be available for public review for a period of at least 30 days, beginning 10/23/2024 through 12/9/2024 at which time a public meeting will be held at the PCHA community building located at 842 Mason Street, Barry, Illinois at 1:00p.m. At PCHA's 12/19/2024 Board Meeting, it is planned to ratify the FY 2025 UAS as final. After that approval, the FY 2025 UAS will be applied to all tenant re-examination transactions thereafter.

PCHA has the FY 2025 UAS documents posted for review at the PCHA community building mentioned above, and also below. Questions, comments, and concerns regarding the FY 2025 UAS documentation can be directed through the public meeting to Chris Bruns, Executive Director at 217-407-0707, <a href="mailto:cbruns@pikehousing.com">cbruns@pikehousing.com</a>, or PO Box 123, Barry, IL 62312. PCHA is an Equal Housing Provider and Equal Opportunity Employer.

**Utility Allowance FY 2025** 

#### 2025 ACOP Revision

Pike County Housing Authority is working on its Admissions & Continued Occupancy Revision for 2025. This revision will carry many HUD updates for interim and annual reexaminations, which should hopefully reduce the number of transactions we are required to process, saving our tenants and the housing authority time in reviewing such matters. This is in the beginning phase, but in the next month or two we will be pushing out the updated policy as a draft version as well as starting the time for comments and public hearing on the material. PCHA can finalize this policy, however many housing software companies are having difficulties in applying all of the changes which will delay the implementation even once the policy gets finalized on our end.

Regards,

Chris Bruns
Executive Director

#### RELEASE OF INFORMATION

We will not release any information to someone, unless, you as a tenant have them listed on a Release of Information Form. If you are not sure if you have someone on your form or if you need to add someone on your form, please call the office.

You can get a form from our website www.pikehousing.com.



# Daylight Saving Time and Your Health

Most of the United States shifts between standard and daylight saving time (DST) each year in an effort to "save" natural light. Clocks will get set one hour back on Sunday, Nov. 3. Although you may be excited about gaining another hour in your day, DST can wreak havoc on your physical and cognitive health for several days, weeks or even months.

The disruption of DST can negatively impact your health. Your internal clock regulates critical processes, including the immune system. Interruptions to the circadian rhythm, your body's 24-hour biological cycle that regulates wake and sleep, can also impair your focus and judgment. In fact, research revealed that fatal traffic accidents increased by 6% in the week following DST. Fortunately, there are ways to increase your odds of a smooth DST transition.

While you may be tempted to use the extra hour to indulge in various activities, health experts recommend using that time for sleep. To help make the DST transition easier, consider going to bed 15-20 minutes early in the days beforehand to help your body get used to the difference. If you have specific health concerns, talk to your doctor.



# Study Reveals 2 Key Aging Points

The body undergoes numerous changes—externally and internally—as people age. While it's traditionally believed that humans age gradually, research from the Stanford University School of Medicine revealed that people age in two significant "bursts" during their lives. Researchers found that humans undergo major changes in their bodies' molecules and microorganisms around ages 44 and 60. These changes potentially impact several aspects of a person's health. For those in their 40s, researchers found significant molecular changes related to alcohol, caffeine and lipid metabolism; cardiovascular disease; and skin and muscle. At 60, the largest molecule changes were associated with cardiovascular disease, immune regulation, kidney function, carbohydrate and caffeine metabolism, and skin and muscle. The study recommended lifestyle changes, such as exercising more and drinking less alcohol, when people near these key aging points in their 40s and 60s. Talk to your doctor to learn more.

# Apple Cinnamon Bars

Makes: 24 servings

#### Ingredients

- 4 medium apples
- 1 cup flour
- 1/4 tsp. salt
- 1/2 tsp. baking soda
- ½ tsp. cinnamon
- 1/2 cup brown sugar (packed)
- 1 cup oats (uncooked)
- ½ cup margarine or butter
- Cooking spray

#### **Preparations**

- 1. Preheat the oven to 350 F.
- Put the flour, salt, baking soda, cinnamon, brown sugar and oats in the mixing bowl. Stir together.
- Add the margarine to the bowl.
   Using two knives, mix the ingredients and cut into crumbs.
- Lightly grease the bottom and sides of the baking dish with cooking spray.
- 5. Spread half of the crumb mixture in the greased baking dish.
- Remove the core from the apples and slice them. Put the apple slices into the baking dish.
- **7.** Top the apples with the rest of the crumb mixture.
- 8. Bake in the oven for 40-45 minutes.
- Cut into squares.

# Nutritional Information (per serving)

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Total calories	82
Total fat	4 g
Protein	1 g
Sodium	53 mg
Carbohydrate	12 g
Dietary fiber	1 g
Saturated fat	1 g
Total sugars	7 g

Source: MyPlate



PLEASE PICK UP AFTER YOUR PET.
THANK YOU!

PAYING YOUR RENT, PAYMENT ARRANGEMENTS MAY BE AVAILABLE. CALL THE OFFICE TO SEE IF YOU QUALIFY.

IF YOU ARE PLANNING TO MOVE, YOU MUST CALL THE OFFICE AND GIVE A 30 DAY NOTICE. DURING THE 30 DAY NOTICE, YOU MUST LEAVE THE AMEREN IN YOUR NAME, AND YOU WILL BE CHARGED RENT DURING THAT TIME. FAILURE TO DO EITHER OF THESE THINGS WILL RESULT IN ADDITIONAL CHARGES AND/OR FORFEITURE OF DEPOSIT.

217-407-0707



# Update Your Personal Information

If you have changes in your personal information, such as phone number, email address or billing address, please contact the office.

If you need to change information on forms, such as, Emergency Contact Form, Release of Information Form or the Final Affairs Form, you need to request a new form from the office. Forms can also be downloaded from our website <a href="https://www.pikehousing.com">www.pikehousing.com</a>.

It is very important for us to be able to contact you and for us to know who to contact for you.

# **Emergency Contact Form**

The purpose of this form is to have on file who can have access to your apartment and possessions should something happen to you.

If someone were to call in and ask for a key or access to your apartment and they are not included on this list,

the access will be denied.

Please make sure your information is current.

217-407-0707



# HEALTH BENEFITS OF PLEASING TO THE BUILDING BUIL

CONSIDER LOW OR NO SUGAR ADDED PEANUT BUTTER

Helps you lose weight
High in health-promoting nutrients
Packed with good fat
Reduces risk of diabetes
Healthier nerves and muscles
Boosts your energy levels
Prevents inflammation
Calms you down
Improves brain function



- 1 firm apple (gala or granny smith)
  2-4 tablespoons of peanut butter (crunchy or creamy)
- · Core the apple and slice into wedges.
- Divide the peanut butter evenly among the slices.
- Enjoy!

